

2009 Blackhawk Area Council Boy Scouts of America

Summer Camp Scoutmaster's Guide



Canyon Camp & Camp Lowden

Visit www.blackhawkscouting.org for up-to-date information

Dear Camp Leader:

We would like to thank you for taking a week of your time to attend summer camp with your Scouts. The camp directors, camp staff, and the Blackhawk Area council are looking forward to assisting you in your efforts to provide the Scouts in your troop with a rewarding week of camping.

Our camp philosophy is that summer camp is a highlight of the troop's entire year and that program planning for camp will map out what the troop wishes to accomplish for the troop, the patrol, and the individual scout.

The material in this Camp Leader's Guide, along with the material in the camp planning packet, will help you in preparing your troop's program at camp. During the months before camp, you will also be receiving information at roundtables and through the mail to keep you updated about camp program plans and to help you prepare for camp. Check the camp's Web site for updates and schedules. They are linked to the council's Web site – www.blackhawkscouting.org.

The Camp Director's and their staffs are working on adding new programs and merit badges to give your older Scouts more to do. Some new additions are the Emergency Preparedness Merit Badge, First Aid Obstacle Course, expanded geocaching course, Leave No Trace training, and boat building. Your older Scouts can also participate in the Venturing Camp being held at Canyon Camp in August. They'll find activities that they will not get at Boy Scout camp.

If at anytime we can be of assistance to you, please contact us.

Good Scouting,

Ed Allen
Council VP of Program

Philip McCrery
Council Program Director

TABLE OF CONTENTS

	Page
General Information	
Fee Structure	4
Medical Exam	5
Summer Camp Policies	6
Visitor Meals	7
Religious Awards	7
Homesick Scout	8
Order of the Arrow	9
Canyon Camp Information	
Camp Director's Welcome	11
Address of Camp	12
Camp Phone numbers	12
Emergencies	12
Trading Post	12
Family Night	12
Troop Equipment	13
Merit Badges	13
Additional Program Activities	14
Adventure Program	15
Week at a Glance	16
Map to Camp	17
Camp Lowden Information	
Camp Director's Welcome	19
Address of Camp	20
Phone numbers	20
Emergencies	20
Trading Post	20
Family Night	20
Troop Equipment	21
Merit Badges	22
Additional Program Activities	23
High Adventure Program	24
Week at a Glance	24
Map to Camp	25

General Information

FEE STRUCTURE

Camp Fees

Camp fees cover food, liability insurance, program and health supplies, medical insurance, and staff services. Fees cover only a part of the cost of operation the camps. Additional financing comes from proceeds of the popcorn sale, Friends of Scouting, the United Way, and other council income sources.

Individual Camper and Adult Fees

\$225.00	Per Scout if paid by April 15, 2009
\$250.00	Per Scout if paid between April 16 and May 15, 2009
\$275.00	Per Scout if paid after May 15, 2009
\$5.00	Reduction per boy for multiple Scouts in a family attending camp.

\$150.00 Adult Fee

If a troop has two more Scouts than attended last year, one leader is free. If five or more Scouts attend, an additional leader is free. The maximum number of free adults is two. **The troop must have attended Camp Lowden or Canyon Camp in 2008 to qualify.**

The fee for adults attending camp for only part of the week will be figured by multiplying the daily camp fee of \$25.00 times the number of days in attendance.

Any Webelos Scout or new boy joining the troop will be given the early camp fee regardless of graduation or enrollment date.

The increase in the camp fee is due to the Illinois state law that dictates that youth camps must now pay minimum wage to its staff. This law has made a substantial increase in camp salaries. Rest assured that we will still provide the same great quality in camp staff, food, and program. If you compare our camp fee to other youth camps (YMCA, sports, band, etc.), we are still the best bargain in town.

NOTE! The council camping committee has designated a portion of each youth fee and adult fee to be used to add and improve programs and program equipment.

Refund Notice! Refunds of camp fees are considered on an individual basis. In the event of illness, injury, death of a family member, or other emergency, the Scout's parents must ask for a refund in writing, stating the reason why the Scout did not attend. Written request must be received no later than two weeks after the troop leaves camp. A service fee of \$50.00 will be assessed. Requests received after the two week deadline will not be considered. Scouts and leaders who do not attend because of "changing their mind at the last minute" will receive NO refund.

Troop Deposit

To make sure that your troop can attend the camp and week of your choice, a **\$200.00 troop deposit** must be submitted to the council office. In recent years, numerous sessions have been filled far in advance of the summer camping season. It is to your troop's advantage to make the deposit to hold your session choice.

Troop deposits do not guarantee campsite placement. Troop campsite assignments are at the sole discretion of the Camp Director. Requests for a campsite or other special needs must be made by calling or writing the Blackhawk Area Council office by May 1st and a follow-up call made to the camp director at least two weeks prior to camp.

Please Note: If your troop will not be attending Canyon Camp or Camp Lowden in 2009, the request to use the campsite deposit for the 2010 season, or a request for a refund of the campsite deposit, must be received in the council office by September 1, 2009. If not, the deposit is forfeited.

MEDICAL EXAMS

Scouts	Class 1 & 2 Medical Form	Signed by physician within last 36 months prior to camp
Adults 18 – 39 years of age	Class 1 & 2 or Class 3 Medical Form	Signed by physician within last 36 months prior to camp
Adults 40 years of age or older	Class 1 & 2 or Class 3 Medical Form	Signed by physician within last 12 months prior to camp

ALL SCOUTS AND LEADERS MUST HAVE A COMPLETED PERSONAL HEALTH & MEDICAL RECORD ON FILE AT CAMP, NO MATTER HOW LONG THE DURATION OF THEIR STAY.

We need to have proof by way of a physician's signature and date that the physical examination has been done within the 36-month period prior to arrival at camp. Please attach a previous year's medical record with a physician's signature, to this year's updated health history on the medical form. The Parent's Permission section and medical history must be updated annually.

NOTE: A BSA Personal Health & Medical Record is required. School, sports, and work physical forms may be used if attached to a completed BSA Personal Health & Medical Record.

- ❖ A parent's signature is required on this form.
- ❖ Physical exams will not be performed at camp.

****The camps do not provide special needs transportation.**

Youth Medical Exams

Personal Health and Medical Record Class 1 & 2 (#34414B)

The Boy Scouts of America requires that a youth (under 18 years of age) participating in a long term camping experience must have a medical evaluation by a licensed physician within 36 months of the camping experience. In addition, a recent medical summary (within the past 12 months) must be completed by the parent or guardian related to the youth participant's health history.

Adult Medical Exams

Personal Health and Medical Record Class 1 & 2 or Class 3 (#34412B)

Adult 40 years of age or older must have a current health history supported by a medical evaluation performed by a licensed physician within the last 12 months. Adults in the 18-39 age group must have a current medical examination performed by a physician within the last 36 months.

Any adult 18 or older may use the Class 3 form. Any adult under 40 may use the Class 1 & 2 form.

All adult leaders must have a completed Personal Health & Medical Record on file at camp, no matter how long the duration of their stay. To be completed, a doctor's signature and date must be clearly visible on the form.

Due to the terrain of our camps, adults must be physically able to handle strenuous walking.

Order of the Arrow Candidates

Scouts and leaders wishing to complete the Ordeal at summer camp must have a current, completed medical form (including physician's signature) on file in the camp health lodge. **No exceptions!!!**

SPECIAL NOTES:

1. Per national BSA standards, all medication, prescription and non-prescription, **MUST** be checked into the camp health lodge during the first day of camp.
2. Unit leaders need to clearly understand that all adult leaders at camp must have a signed, dated medical form **no matter how long they are staying in camp.** A licensed physician must have

signed and dated the medical form. The date must be clearly shown and must be current within 36 months for adults under 40 years old and within 12 months for adults 40 years old or older. Any adult not meeting this requirement may not function as a camp unit leader and may not participate in camp activities or stay overnight.

3. THERE IS NO 'LESS THAN 72 HOURS' STIPULATION THAT EXEMPTS A SCOUT OR CAMP LEADER FROM THIS MANDATORY STANDARD FOR BOY SCOUT SUMMER CAMP.

SUMMER CAMP POLICIES

Scoutmasters are asked to assist in the enforcement of all camp policies. With Scouts and Scouters living the Scout Oath and Law, only a minimum number of policies are necessary.

1. It is the policy of the Boy Scouts of America that trips and outings may never be led by only one adult. At least two adult leaders, one of whom must be 21 years of older, are required for Boy Scout Summer Camp. The second adult leader must be at least 18 years or older.
2. Please plan to arrive at camp between 1:30p.m. to 2:30 p.m. Keep parents informed as to departure and return times. Registration is not possible before 1:30 p.m.
3. No one (Scout or Scouter) should leave camp without informing the camp director or his designee. A Scout must have a **signed release form** in order to leave camp early.
4. A signed **activity release form** is required for a Scout to be allowed to participate in off-site activities. A signed **Scout Release** form is required for a Scout to leave camp under any non-camp sponsored activity.
5. Blackhawk Area Council camps are tobacco, drug and alcoholic free environments. Leaders need to inform visitors of this policy and are asked to assist in the enforcement of this policy. Those who violate this policy will be asked to leave camp property immediately.
6. Vehicles are to be parked in designated parking areas only. Travel on camp roads is prohibited. At both camps, troop trailers may be parked at the campsite only with the prior approval of the Camp Director.
7. The cutting of any standing tree or removal of bark is strictly prohibited.
8. Shoes are to be worn at all times except while participating in swimming pool activities or while in the shower house.
9. Liquid fuels and liquid fuel burning equipment may be used by adults only. All liquid fuels must be stored in a locked storage facility administered by the camp.
10. **No pets are allowed at camp.** This includes during arrival on Sunday, Family Night on Wednesday, and departure on Saturday. Pets, particularly dogs (even if leashed), pose a danger and liability to other campers, staff members, and visitors. Please leave them at home.
11. Unit leaders are strongly urged to not allow Scouts to bring electronic devises to camp. Radios, CD players, Game-Boys, I-Pods, and walkie-talkies will only distract a Scout from his camping adventure. **Most importantly, no cell phones should be allowed.** They potentially present the unit leader and camp staff with a very difficult camper management situation. It is **strongly recommended** that all troops have a personal equipment check before they leave so that such items can be eliminated before arrival to camp. **Unit leaders bringing walkie-talkies and cell phones must make them inaccessible to their Scouts. Cell phones may be removed from Scouts and not returned until check-out on Saturday.**

USE OF CELL PHONES

FOR THE SAFETY AND PROTECTION OF EVERYONE, THE USE OF CELL PHONES, CAMERAS, AND ALL DEVICES CAPABLE OF RECORDING AND TRANSMITTING IMAGES ARE STRICTLY PROHIBITED IN THE SHOWER HOUSE AND LATRINES.

VISITOR MEALS

(Separate Meal Fee)

Breakfast: \$4.00

Lunch: \$5.00

Dinner: \$6.00

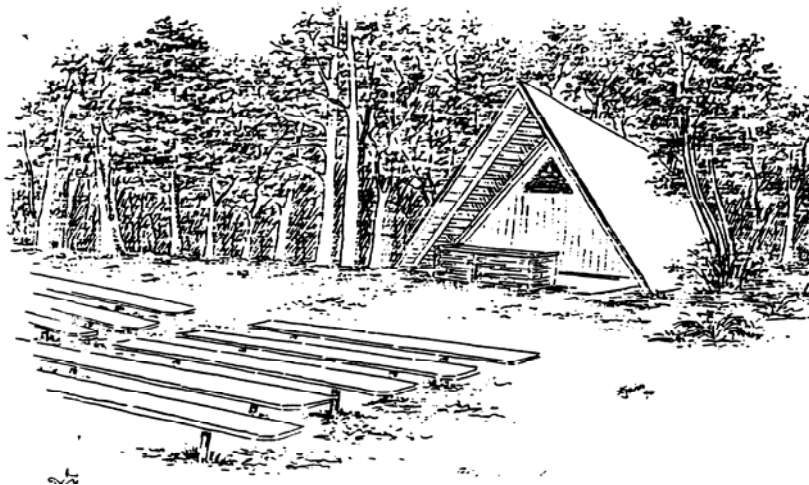
Parents and guests visiting camp for short periods of time may join their Scouts for meal(s). Meal fees are to be paid at the camp office. Notify the camp office in advance when additional individuals will be eating with your troop.

RELIGIOUS EMBLEMS

Duty to God is a fundamental principle of Scouting. From Scouting's earliest beginnings, its members have been encouraged to be faithful in the practice of their religion. Boy Scouting espouses no creed and favors no faith over another. Rather, it provides programs and ideals that complement the aims of all religions. One of the unique developments that has emerged from the partnership of Scouting with religious bodies is the Religious Emblem Program. The various programs have some general characteristics:

1. Requirements and emblems of recognition are developed by each religious body for its own constituents who are in Scouting.
2. No matter where a candidate participates in Scouting, he enrolls in the emblem program of his own faith and is instructed by his own priest, pastor, minister, rabbi, or other religious counselor.
3. Presentation of the emblem is made in the context of a religious service.
4. The Boy Scouts of America recognizes the Scout's achievement by permitting him to wear the religious emblem on his uniform centered above the left pocket flap.

Encourage your Scouts to take time during summer camp to talk with the Camp Chaplain about earning a religious emblem. Camp Chaplains will have information available at camp regarding all religious emblems and will be prepared to help your Scouts take the first steps necessary to earning their religious award.



HOMESICK SCOUTS

Homesickness is described psychologically as a “manifestation of separation anxiety” or “the unconscious defense mechanism called regression.” The Camp Director and Scoutmaster describe it as “the longing for home.’ Many a young camper would put it more clearly as “that terrible feeling in the pit of my stomach.” Regardless of how homesickness is defined, it is, indeed, experienced in varying degrees by Scouts who come to camp.

What causes homesickness? It is a product of a happy home life and it occurs often in a child who misses the warmth and security that comes from a good relationship with family and friends. Homesickness is also a problem for a child whose parents are anxious about his welfare. A parent who will miss the child while he is at camp or worries that the camping experience will be unhappy often transmits this fear to the Scout. In short, while at camp, the boy often feels the anxiety of his parents and fulfills their expectations that he will miss home and will not enjoy camp by becoming homesick.

Homesickness often produces regressive behavior in a child. In order to cope with the situation he will revert to behaviors used at an earlier age to gain attention. Sometimes a boy will cry easily, wet the bed, or withdraw from others. When a boy who is normally sociable and active suddenly becomes quiet, alone, and disinterested in what is happening around him, he may be displaying signs of homesickness.

The treatment of homesickness is not simple. It involves the active participation of the Scoutmaster, members of the Troop, the staff and often firm but understanding parents. When homesickness is detected, the youth must be listened to and his feelings understood. Often an understanding person, willing to listen and empathize is all that is needed. Any unusual behavior patterns that have developed such as bed-wetting, must be taken in stride and not be overly emphasized. Next, the boy must be kept active and interested in some phase of camp life. An effort must be made to make the Scout part of the Troop and a part of all the camp’s activities so that he can make friends. If parents are contacted, they should do all in their power to avoid promising that he may come home, unless advised to do so by the Camp Director and Scoutmaster. Once a Scout leaves camp because of homesickness he may not return.

Homesickness can be prevented. Parents are the best preventers. Parents must not promise their child that if he doesn’t like it, he can come home. This promise sets the boy up for defeat. Parents must try to transmit positive messages about camp, emphasizing that his days at camp will be worthwhile experience and they are happy that he is going. If a child wishes to take something special with him that reminds him of home, such as a pillow, blanket, or toy, he should be encouraged to do so. This special object will be a reminder of and a link to home. Do not tell a Scout to telephone if he needs anything. Such advice could be contrary to the policy of the camp against indiscriminate use of phones. When the Scout is ready to leave, avoid a dramatic departure scene. While the boy is at camp letters are generally sent. They provide a bond with home during separation. The tone of the letter and its contents have a great effect on the production of homesickness. The letters should be conversational about events at home and ask questions about his experiences at Scout Camp. They should never contain such lines as: “We all miss you very much; we love you so.” “Your dog hasn’t eaten since you left.” “We served your favorite meal last night; too bad you could not be with us to eat it.” Items that may cause jealousy between the children at home such as, “Yesterday, we bought your brother a new bike that is much better than yours,” should be avoided. Campers sometimes break into tears after reading such well intentioned letters from home.

Homesickness is a common occurrence and if faced with understanding and care is just another step in the process of growing up. Parents, members of the troop, and the Camp Staff should all be aware of its causes, means of prevention, and above all, its cure, which is simply a great deal of understanding and willingness to help another person deal with his feelings and get involved with the Scouting Program

The Order of the Arrow

As you plan for summer camp, the Order of the Arrow would like you to be aware of several important items for 2009.

Call-out ceremonies and Ordeals will be conducted each week of the regularly scheduled Boy Scout camping weeks. **It is the responsibility of the Scoutmaster, or the summer camp unit leader, to show the unit's copy of the OA election results to the summer camp chief.** This will be requested by the camp chief at the beginning of your week at camp. **This will need to be done for your unit to have participants in the call-out ceremony and the Ordeal.** As with all OA lodges, we are not permitted to have out-of-council Scouts or leaders participate in the full Ordeal. This must be done in the council to which your unit is registered. Out-of-council units may have their elected Scouts and leaders "called out" as public recognition while at camp. To have this happen, we need to have a letter from the council of these units to grant us permission to do so.

The Ordeal fee is \$35.00 for troops camping at Camp Lowden or Canyon Camp. The Ordeal fee includes the following items: OA sash, Wulapeju Lodge #140 pocket flap, OA Handbook, and dues paid through December 1, 2009.

Any Scout or adult not attending camp for the week, the Ordeal fee is \$45.00. This includes an additional charge for food and an administrative fee.

SPECIAL NOTE: All Scouts and adults wishing to complete the Ordeal at summer camp must have a current, completed medical form, including parent's and physician's signature and date (must be clearly seen) on file at camp. **NO EXCEPTIONS!**

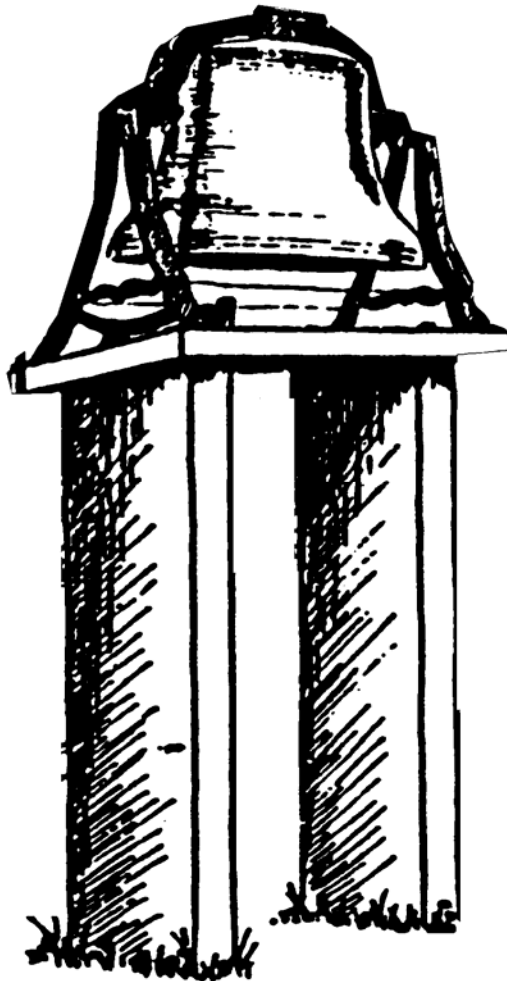
There is "NO LESS THAN 72 HOURS" stipulation that exempts anyone from this mandatory standard for Boy Scout summer camp.

Troops camping at another council's camp:

- a. To make a reservation, you will need to call the camp at least two (2) weeks in advance if bringing candidates to be "called out." Only the troops making a reservation will be able to have Ordeal candidates called out. Space is limited, so a reservation must be made. Camp reserves the right to limit the number of Ordeal candidates from troops not attending Blackhawk Area Council camps. If there is no room available, your Scouts will need to do their Ordeal in August.
- b. What to bring:
 - Uniform for call-out, Thursday dinner and induction ceremony.
 - Work clothes for sleeping and work on Thursday.
 - Sleeping bag and ground cloth.
 - Poncho for cover / rain
 - Toilet kit and towel.
 - Medications necessary for the duration.
- c. Arrive no later than 7:00 p.m. on Wednesday.
- d. To help speed check in, Fax or mail completed and signed Boy Scout medical form so it arrives at camp 10 days before call-out.

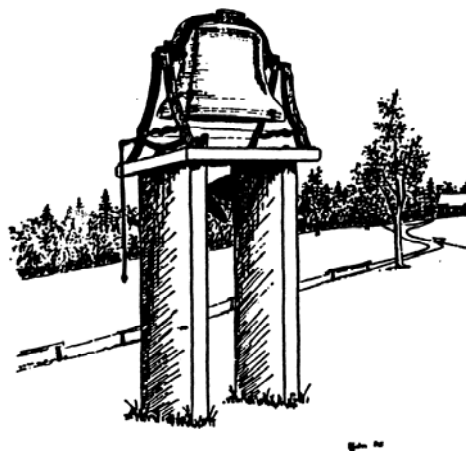


CANYON CAMP



**Blackhawk Area Council
Canyon Camp
4856 East Townsend Road
Stockton, IL 61085
815-492-2175
FAX 815-492-2533**

CANYON CAMP



WELCOME TO CANYON CAMP 2009

We are so happy that your troop has chosen Canyon Camp for their long-term camping experience. We are working hard on selecting an outstanding camp staff with experience. In turn, we hope to provide a program that will fulfill everyone's Scouting needs.

The summer camp program is designed to help each Scout in your unit to achieve the best possible experience at a long-term summer camp. We try to provide programs for every Scout that comes to summer camp, from a first year camper to the Scout that has been coming to camp for four or five years. For those Scouts who are working on advancement in rank, we will provide a "First Class Emphasis" program to move them toward the rank of Eagle. The older Scout coming to camp might want to get involved in the O.W.L. program. Scouts can experience a Mississippi River canoe trip and rappelling.

It is our hope that Canyon Camp can provide the type of Scouting experience that will stay with everyone for a long time. As you plan your summer camp experience, if you have any questions, please feel free to give one of us a call.

Yours in Scouting,

Dick Reynolds, Co-Camp Director
Home: 815-964-3740
E-mail: richardjreynolds@juno.com

Lee Binkley, Co-Camp Director
Home 608-325-5540
E-mail: leebinkley@hotmail.com

Serving youth in Boone, Carroll, Jo Daviess, Lee, McHenry, Ogle, Stephenson, Whiteside and Winnebago counties in Illinois, and Grant, Green and LaFayette counties in Wisconsin.

A United Way Agency

Address and Mail

Mail for your Scout(s) should include: **Name and Troop #, c/o of Canyon Camp, B.S.A., 4856 East Townsend Road, Stockton, IL 61085.** Outgoing mail leaves by 9:00 a.m. The mailbox is located at the Trading Post. Incoming mail may be picked up by a troop leader at the camp office during the afternoon. Parents should be warned that mail sent on Thursday or Friday may not reach the Scout before he leaves camp on Saturday.

Return Address ***** *****
Scout's Name and Troop # c/o Canyon Camp, BSA 4856 East Townsend Road Stockton, IL 61085

Telephone

In case of an emergency, parents can reach the Camp Director at (815) 492-2175. Fax number is (815) 492-2533. The camp telephone is located in the camp office and is for camp business and emergency use only. The telephone is available to Scouts only when accompanied by an adult leader. When placing a long distance call, you must either call collect, use a calling card, or place the call on your credit card. Leaders using cell phones may find it difficult to receive a signal.

Please refer to the cell phone policy.

Emergency Warning System

If both the bell and siren are sounding simultaneously and continuously, ALL SCOUTS AND SCOUTERS are to report to the Dining Hall.

Trading Post

Hours of operation will be posted. The Trading Post stocks and sells refreshments, patches, camp tee shirts, neckerchiefs, notebooks, Scouting literature, Scouting equipment, stamps and postcards.

Merit Badge pamphlets may be purchased, but are also available on a rental basis if needed. Each Scout is responsible for his own spending money while at camp.

Family Night

On Wednesday night, camp is open to parents and friends. Everyone is invited to observe the flag lowering at 6:00 p.m. and afterwards share a barbeque supper, which will be available until 6:40 p.m. Please inform parents that after 6:40 pm food will not be available in the camp dining hall. Picnic tables are available for troops wishing to organize family or troop picnics.

Following supper, there will be an "open house" where parents and friends can visit camp program areas. The evening program will conclude with Native American dancing and the Call-Out Ceremony for the Order of the Arrow.

Leaders must inform the Camp Director at check-in on Sunday as to the total number of additional family members that may be expected for the evening meal on Wednesday.

FAMILY NIGHT MEAL FEES

Visitor's Meal \$6.00

Children under 12 \$4.00

★ Visitors should be reminded that they are not permitted to drive to campsites or activity areas. All vehicles must remain in the parking lot. Camp is not capable of providing transportation for guests. Wheelchairs, golf carts, and other such modes of transportation are not available.

Pets are not allowed in camp.

Troop Site

EQUIPMENT PROVIDED		OPTIONAL
2 Man Wall Tents Cots with Mattress Broom	Patrol Tarp Picnic Table Rake	Griddle Dutch Oven Patrol Chef Kit (spatula, can opener, knives) Cook Kit

Coleman Style Stoves are NOT Available

- ❖ Each Scout should bring along his personal Mess Kit including: plate, cup, knife, fork, and spoon.
- ❖ Please bring your American flag and troop flag.
- ❖ Any other cooking gear you deem necessary.

The 2009 Canyon Camp campsite meals menu will be posted on the Canyon Camp Web site at a later date.

Campsite meals will be Tuesday lunch, Tuesday supper, and Wednesday breakfast.

MERIT BADGES AT CANYON CAMP

Merit Badges are earned in camp just as they are at home! Most camp-offered merit badges are intended to be done outdoors. Others are better suited to be done in the troop's community. **It is strongly recommended to bring merit badge books with you.** A limited number of books are available at the Trading Post.

Before camp:

1. Talk with your Scouts about the merit badges they hope to earn at camp.
2. Have each Scout obtain and read the merit badge pamphlet for each merit badge he hopes to earn at camp. Many merit badges have requirements that need to be completed prior to arrival at camp. Written verification of prior completion of requirements must be brought to camp by each Scout.
3. Encourage your Scouts to concentrate their efforts on only as many merit badges as they can successfully complete in an activity-filled week.
4. Be sure your Scouts have the right equipment for the right merit badge.
5. **Fill out blue cards for each merit badge.**

****Camp counselors have the right to ask for verification and/or demonstration of skill/requirement mastery for any previously certified requirement.**

Web Site: visit the Canyon Camp Web site (www.canyoncamp.org) for updates in merit badge and program schedules.

Aquatics	If participating in Swimming, Lifesaving, Canoeing, Rowing, or Scout Lifeguard , the Scout will need extra towels, long-sleeve button shirt, sneakers, sweatshirt, long pants and a belt. Be sure the parents of your Scouts know all of these clothes will get wet! It is impossible to complete the Scout Lifeguard requirements at camp unless most of the 30 hours are completed before attending Summer Camp. (Verification is necessary). Also available in this area are the mile swim and snorkeling .
Outdoor Skills (Camping)	A Scout will need to supply his own backpack to complete the merit badge. Paperwork can be done before camp. You need 20 days and 20 nights of camping experience. One camp week (6 days and nights) may count in this total.

Outdoor Skills (Cooking)	Scouts working on the Cooking merit badge will need to bring to camp: food lists, price lists, weights & grocery ads from several week's newspapers. Paperwork should be done prior to camp. Prerequisite: Documentation is provided that three meals have been cooked at home is required to complete this merit badge at camp.
Outdoor Skills	Additionally, Hiking, Orienteering, Wilderness Survival and Pioneering merit badges are available in this program area.
Shooting Sports	Available merit badges are Rifle Shooting, Shotgun Shooting, Archery, and Fishing . Scouts should be told that a substantial amount of practice time is needed to achieve scores. It is often difficult to complete these badges in one week. There is a nominal fee for shotgun shells. Depending on the individual, this charge could range from \$10.00 to \$15.00. Recreational shooters will also be charged. There is a \$3.00 charge to make an arrow for the Archery merit badge. Scouts will be charged for the replacement of lost arrows. Only camp shooting sports equipment is allowed on the ranges.
Ecology-Conservation	Available merit badges are Reptile & Amphibian Study, Soil & Water Conservation, Environmental Science, Mammal Study, Bird Study, Astronomy, Insect Study, Nature, Fish & Wildlife Management, Geology, Weather, and Forestry . Clothes and sneakers are needed for wading in streams. Verification of previous projects, photographs or sketches must be brought to camp.
Handicraft	Available merit badges include Leatherwork, Indian Lore, Basketry, Art, Graphic Arts, and Wood Carving . Each Scout will need additional money to purchase materials used in handicraft projects. Depending upon individual selection of projects, the cost could range from \$5.00 to \$15.00.
Eagle Required	Available merit badges are: Citizenship in the Nation, Citizenship in the World, Communications, and First Aid . Many have prerequisites that need to be completed prior to camp.

At Camp:

1. On Sunday night, your Scouts will meet the Merit Badge Counselors. **Don't over program a Scout with merit badges. Camp should be fun!**
2. Encourage your Scouts to be prepared before they get to camp and then let each Scout do his own work with the camp counselors.
3. At the end of the week, the Scoutmaster will receive in his departure packet either the signed completed merit badge applications or partial completion forms. Each Scout should be encouraged to complete partials at home with another counselor. A Scout has until his 18th birthday to finish any merit badge.
4. Whether or not a Scout will successfully complete a merit badge is often determined the first 2 days in camp. Know where your Scouts are every day and regularly check their merit badge progress. Progress reports for each Scout will be available at daily Scout Leader meetings.

ADDITIONAL PROGRAM ACTIVITIES AT CANYON CAMP

Aquatics	Swimming Instruction Safe-Swim Defense Plan Instruction Safety Afloat Instruction Recreational Swimming Recreational Boating	Scout Lifeguard Instruction* Mile Swim Rowing and Canoeing Instruction B.S.A. Snorkeling Kayaking
-----------------	--	---

<p>*Because of the intensity of the Scout Lifeguard program, it may not be possible to complete it in one week at camp. It is preferable to complete as much training as possible prior to camp.</p> <p>*Due to the new BSA Lifeguard requirements, recertification can not be done.</p>		
Outdoor Skills	Knife and Axe Safety Map & Compass Nature Hiking	Rope work Lashings Cooking Geocaching
Shooting Sports	<p style="text-align: center;">RIFLE RANGE</p> Safety and Fundamentals Instruction Recreational Shooting	<p style="text-align: center;">ARCHERY RANGE</p> Safety and Fundamentals Instruction Recreational Shooting
<p>*All personal weapons, bows, arrows and shells must be left at home! Only camp equipment will be used.</p> <p style="text-align: center;">*There is a charge for lost arrows.</p>		
Handicraft	Open activity times are available to all Scouts. Each Scout will need additional money to purchase materials used in handicraft projects. Depending upon individual selection of projects, the cost could range from \$5.00 to \$15.00 or more for extra challenging projects such as moccasin kits.	



CANYON CAMP ADVENTURE PROGRAM

Canyon Camp's Adventure program includes a variety of activities for both the young and the "young at heart".

O.W.L.

The Outdoor Wilderness League offers new ideas and skills for your older Scouts and Leaders. Scouts must be at least First Class **and** be at least 14 years old or older. Leaders and Scouts wishing to use canoes in the program **must** pass the "Swimmer" test.

Operation O.W.L. is comprised of a variety of activities. Scouts and Leaders who would like to participate in this challenging program should register Sunday evening.

NOTE: A \$5.00 transportation/participation fee will be required from all participants for each out-of-council trip.

1st CLASS EMPHASIS PROGRAM

Various activities and instruction will focus on completion of requirements toward 1st Class. Scouts who have NOT earned 1st Class may participate.

CANYON RANGER

This program is available only to 1st year campers (Scouts). Activities will be geared to completing advancement requirements, as well as those “Just For Fun”. The intent of this program is to familiarize 1st year Scouts with the program areas of the camp. Upon completion of the program, a special camp award will be presented to participants. No charge for Scouts participating in this program.

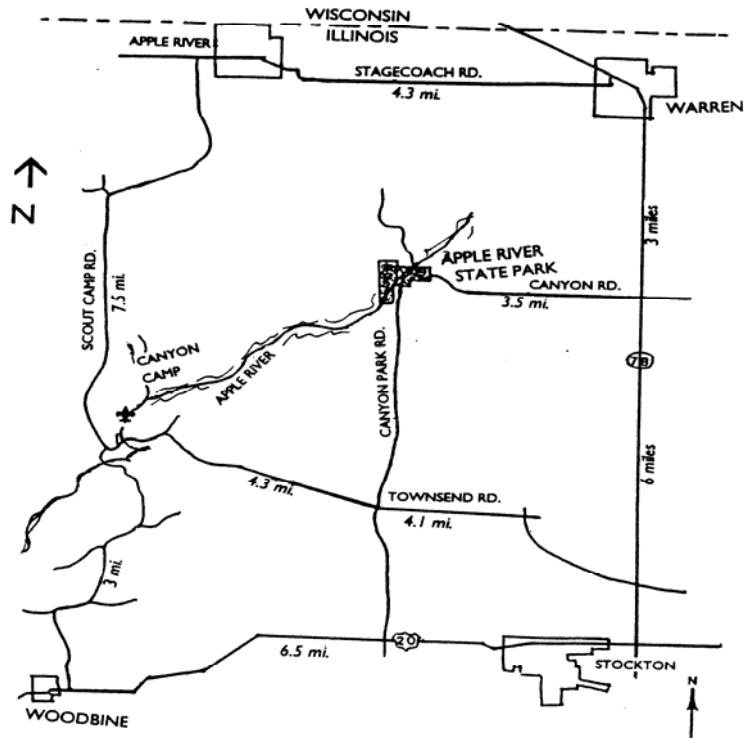


YOUR TROOP'S WEEK-AT-A-GLANCE AT CANYON CAMP

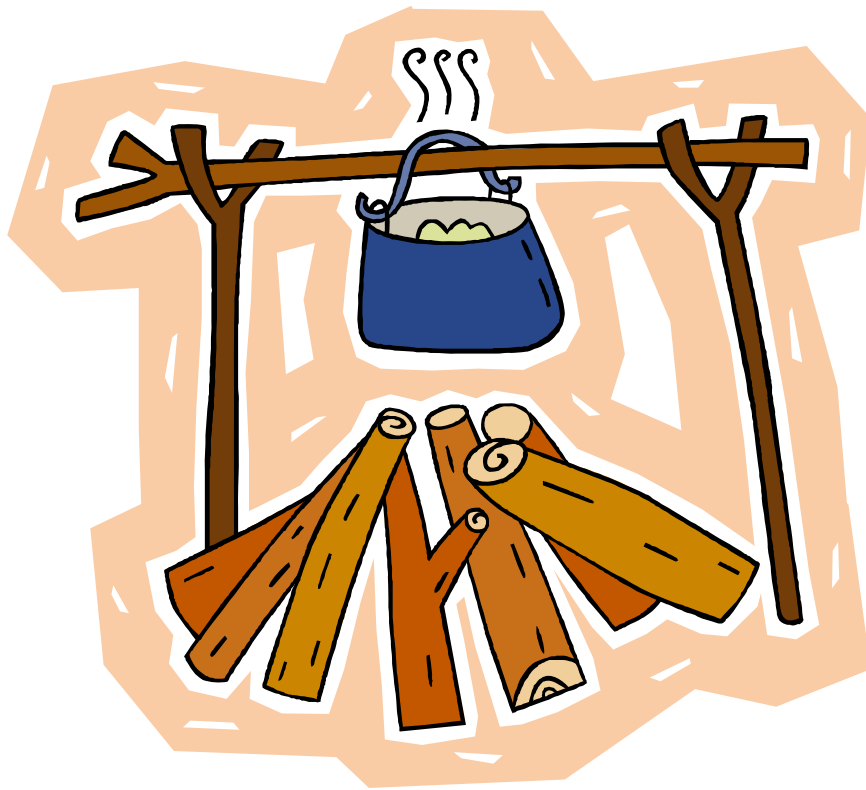
Sunday	Camp orientation, merit badge sign-up, O.W.L sign-up, and great opening campfire.
Monday	Merit badge instruction begins, First Class emphasis work begins, mile swim practice begins, and open camp.
Tuesday	Cook the noon and evening meals in your campsite, participate in campsite activities, and Scout vesper activities.
Wednesday	Cook breakfast meal in the campsite. Visitor's night, Order of the Arrow ceremonies, with Call-Out.
Thursday	Open camp, moonlight swim, Order of the Arrow induction.
Friday	Paul Bunyan Breakfast, mile swim, finalize all Merit Badge work, closing campfire with troop skits.
Saturday	Canyon Camp Court of Honor.

Religious Services will be provided during the week.

DIRECTIONS TO CANYON CAMP



CAMP LOWDEN



**Blackhawk Area Council
Camp Lowden
4418 South Scout Road
Oregon, IL 61061-9727
815-732-6674
FAX 815-732-4817**



CAMP LOWDEN

Dear Unit Leader:

Welcome to Camp Lowden Summer Camp 2009! I know that you are going to have a super week of camping and a tremendous Scouting experience while you are here with us. I am excited about the upcoming season of summer camp and am glad that you have chosen Camp Lowden for your summer camp adventure.

This year's camp staff is really fired up and ready to serve your troop's camping and Scouting needs. Our program offers a full experience for the seasoned camper as well as for a new Scout. Seasoned campers will enjoy a challenging outdoor experience in our well established FOX programs. Opportunities in the FOX program will test the mettle of older Scouts as they endeavor to strengthen their Scouting skills. Our 30' climbing tower has proven to be a worthwhile challenge for even the most able Scouts and Scouters! Another adventure thrill, a high ropes challenge course, is also available.

First year Scouts will enjoy the leadership and guidance of experienced staff members as they embark upon a program designed to encourage their first steps in the Scouting program. Open ended and formulated to suit the needs of the individual Scout, our First Class Express program is sure to satisfy all who are new on the Scouting road of adventure, advancement, and opportunity.

I am confident that you will find your Camp Lowden 2009 camping experience fun and full of lifetime memories. On behalf of the 2009 Camp Lowden Staff, I again extend a hearty welcome to camp, to you, and your troop. As you prepare for the adventure that lies ahead, please feel free to give me a call if you have any questions or concerns. I will be most happy to help in any way that I can.

Yours in the Spirit of Scouting,

Bruce A. Small, Camp Director
c/o Galena Middle School
1230 Franklin Street
Galena, IL 61036-1398

School: (815) 777-2413 (Until June 1, 2009. After June 1st, call Camp Lowden)
Home: (815) 777-1271
E-mail: bsmall@mchsi.com

A Untied Way Agency
Serving youth in Boone, Carroll, Jo Daviess, Lee, McHenry, Ogle, Stephenson, Whiteside and Winnebago counties in Illinois, and Grant, Green and LaFayette counties in Wisconsin

Address and Mail

Mail for your Scout(s) should include: **Name and Troop #, c/o Camp Lowden, B.S.A., 4418 South Scout Road, Oregon, IL 61061-9727.** Parents should be warned that mail sent on Thursday or Friday may not reach the Scout before he leaves on Saturday.

Return Address ***** *****	Scout's Name and Troop# c/o Camp Lowden, BSA 4418 South Scout Road Oregon, IL 61061-9727
---	--

Telephone

In case of an emergency, parents can reach the Camp Director at (815) 732-6674. FAX number is (815) 732-4817. The camp telephone is located in the camp office and is for camp business and emergency use only. The telephone is available to Scouts only when accompanied by an adult leader. When placing a long distance call, you must either call collect, use a calling card, or place the call on your credit card. Leaders using cell phones may find it difficult to receive a signal.

Please refer to the cell phone policy.

Emergency Warning System

If the camp bell rings, it signals an emergency. All Scouts and Scouters are to go directly to the closest area where people naturally gather and wait for further direction from the Camp Staff. Additional emergency procedures will be explained the first day you are in camp.

Trading Post

Hours of operation will be announced. The Trading Post stocks and sells refreshments, patches, handicraft items, camp tee shirts, Scouting literature and Scouting equipment. First class postage stamps are available in the main office.

Family Night

On Wednesday night, camp is open to parents and friends. Guests should plan to arrive no earlier than 5:00 p.m. All are invited to observe the flag lowering and share a picnic style dinner at 6:00 p.m. Following dinner, there are announced activities and games. The final evening program is the Order of the Arrow Call-Out Ceremony. Please inform guests that they should be prepared for a short hike to the site of the Call-Out Ceremony. Guests needing assistance will be escorted to the site first. All should be reminded that no photography of the ceremony is allowed. This includes flash or non-flash photography as well as videotaping.

Leaders must inform the Camp Director at the Leader's meeting on Monday as to the total number of additional family members that may be expected for the evening meal on Wednesday.

FAMILY NIGHT MEAL FEES

Visitor's Meal \$6.00
Children under 12 \$4.00

*Visitors should be reminded that they are not permitted to drive to campsites or activity areas. All vehicles must remain in the parking lot. Camp is not capable of providing transportation for guests. Wheelchairs, golf carts, and other such modes of transportation are not available.

Pets are not allowed in camp.

Troop Site and Equipment

All sites can be arranged for Patrol camping by your Troop. You may bring your own tentage or you may check out tents from the Quartermaster. Platform tents are not screened or floored. Two cots and mattresses are provided with each platform tent. Assignment to all sites with platform tents will be made based on availability. All tentage checked out from the Quartermaster must be taken down and returned Saturday morning as part of the checkout procedure. Site location and capacity are determined and assigned by the Camp Director.

Requests for a campsite with platforms or other special campsite requests must be made by calling or writing the council office by May 1st and by making a follow up call to the Camp Director two weeks prior to arrival at camp.

EQUIPMENT PROVIDED		OPTIONAL	
Picnic Table Rake	Shovel Broom	Chef Kit Patrol Cook Kit Tents for Scouts & Leaders	Griddle Water Jug Dining Tarp

If you wish to cook with a Dutch oven, please bring your own.

Propane stoves and tanks are not available.

Every unit has the opportunity to use council camp equipment. When this equipment is checked out, it is in good condition. It must be returned in the same good condition as when your unit received it. Remember, other units will be using the equipment.

A unit has three choices concerning camping equipment:

1. Bring all its own gear
2. Rely entirely on council camp equipment
3. Use a combination of unit and council equipment.

Our only request is that we be informed of your unit's intentions at least two weeks in advance so that unwanted equipment is not in your troop site.

- ❖ Each Scout must bring his personal mess kit: plate, cup, knife, fork, and spoon.
- ❖ Please bring your American flag and troop flags.
- ❖ Any other cooking gear you deem necessary
- ❖ Special barrels for recyclables will be located throughout the camp.



The 2009 Camp Lowden Campsite Meals Menu will be posted on the Camp Lowden Web site at a later date.

Campsite meals will be Monday dinner, Tuesday breakfast, and Tuesday lunch.

MERIT BADGES AT CAMP LOWDEN

Merit Badges are earned in camp just as they are at home! Most camp-offered merit badges are intended to be done outdoors. Others are better suited to be done in the troop's community. Troops or Scouts must bring the appropriate merit badge pamphlets to camp. They are not for sale in the Trading Post.

Before camp:

1. Talk with your Scouts about the merit badges they hope to earn at camp.
2. Have each Scout obtain and read the merit badge pamphlet for each merit badge he hopes to earn at camp. Many merit badges have requirements that need to be completed prior to arrival at camp. Written verification of prior completion of requirements must be brought to camp by each Scout.
3. Encourage your Scouts to concentrate their efforts on only as many merit badges as they can successfully complete in an activity-filled week.
4. Be sure your Scouts have the right equipment for the right merit badge.
5. **Fill out blue cards for each merit badge.**

****Camp counselors have the right to ask for verification and/or demonstration of skill/requirement mastery for any previously certified requirement.**

Web Site: Visit the Camp Lowden web site (www.camplowden.org) for updates in the merit badge and program schedules.

<p>Aquatics</p>	<p>If participating in Swimming, Lifesaving, Canoeing, Rowing, or Scout Lifeguard, the Scout will need extra towels, long-sleeve button shirt, sneakers, sweatshirt, long pants and a belt. Be sure the parents of your Scouts know all of these clothes will get wet. Scouts using the river must have a pair of shoes that can get wet and are suitable for river wear. It is impossible to complete the Scout Lifeguard requirements at camp unless most of the 30 hours are completed before attending summer camp. (Verification is necessary) Also available in this area are the mile swim and snorkeling.</p>
<p>Outdoor Skills (Camping)</p>	<p>A Scout will need to supply his own backpack to complete the merit badge. Paperwork can be done before camp. You need 20 days and 20 nights of camping experience. One camp week (6 days and nights) may count in this total.</p>
<p>Outdoor Skills (Cooking)</p>	<p>Scouts working on the Cooking merit badge will need to bring to camp: food lists, price lists, weights & grocery ads from several weeks' newspapers. Paperwork should be done prior to camp. Prerequisite: Documentation that three meals have been cooked at home is required to complete this merit badge at camp.</p>
<p>Outdoor Skills</p>	<p>Additionally, Pioneering and Wilderness Survival merit badges are available in this program area.</p>
<p>Shooting Sports</p>	<p>Available merit badges are Rifle Shooting, Shotgun Shooting, and Archery. Scouts should be told that a substantial amount of practice time is needed to achieve scores. It is often difficult to complete these badges in one week. There is a nominal charge for shotgun shells. Depending on the individual, this charge could range from \$10.00 to \$15.00. Recreational shooters will also be charged.</p> <p>There is a \$3.00 charge to make an arrow for the Archery merit badge. Scouts will be charged for the replacement of lost arrows.</p> <p>Only camp shooting sports equipment is allowed on the ranges.</p>
<p>Ecology-Conservation</p>	<p>Available merit badges are Reptile & Amphibian Study, Soil & Water Conservation, Environmental Science, Mammal Study, Bird Study, Astronomy, Insect Study, Nature, Fish & Wildlife Management, Geology, Weather, and Forestry. Clothes and sneakers are needed for wading in streams. Verification of previous projects, photographs or sketches must be brought to camp.</p>

Handicraft	Available merit badges include Sculpture, Leatherwork, Basketry, Art, and Wood Carving . Each Scout will need additional money to purchase materials used in handicraft projects. Depending upon individual selection of projects, the cost could range from \$5.00 to \$15.00.
Eagle Required	Available merit badges are: Citizenship in the Nation and Citizenship in the World . There are prerequisites that need to be completed prior to camp. Check with the Program Director on Sunday night during merit badge sign up for the list of others that may be available.

At Camp:

1. On Sunday night, your Scouts will meet the Merit Badge Counselors. **Don't over program a Scout with merit badges. Camp should be fun!**
2. Encourage your Scouts to be prepared before they get to camp and then let each Scout do his own work with the camp counselors.
3. At the end of the week, the Scoutmaster will receive in his departure packet either the signed completed Merit Badge applications or partial completion forms. Each Scout should be encouraged to complete partials at home with another counselor. A Scout has until his 18th birthday to finish any Merit Badge.
4. Whether or not a Scout will successfully complete a merit badge is often determined the first 2 days in camp. Know where your Scouts are every day and regularly check their merit badge progress. Progress reports for each Scout will be available at the daily leader meetings.

ADDITIONAL PROGRAM ACTIVITIES AT CAMP LOWDEN

Aquatics	Swimming Instruction Safe-Swim Defense Plan Instruction Safety Afloat Instruction Recreational Swimming Recreational Boating Mile Swim Kayaking	Scout Lifeguard Instruction* Sailboarding Rowing Instruction Canoeing Instruction B.S.A. Snorkeling Rafting
	<p>*Because of the intensity of the Scout Lifeguard program, it may not be possible to completed it in one week at camp. It is preferable to complete as much training as possible prior to camp.</p> <p>*Due to the new BSA Lifeguard requirements, recertification can not be done.</p>	
Outdoor Skills	Axemanship Map & Compass Geocaching Edible Plants Cooking Without Utensils Rope Work Wilderness Survival	Dutch Oven Cooking Orienteering Lashings Nature Hiking Altar Fire Cooking Model Campsite
Shooting Sports	RIFLE RANGE Hunter Safety Instruction Recreational Shooting .22 Instruction Shotgun Instruction Skeet Shooting	ARCHERY RANGE Safety and Fundamentals Instruction Recreational Shooting
	<p>All personal weapons, bows, arrows and shells must be left at home! Only camp equipment will be used.</p> <p>There will be a charge for lost arrows.</p>	

1st Class Express	This program is intended for the first year camper. Throughout the week Scouts are encouraged to attend the sessions that will help them achieve the requirements that they still need to complete 1 st class. The flexibility of the program allows Scouts to attend only the sessions that they need for requirements yet to be completed. Sessions are scheduled so that only 1 st Class Express Scouts are working together – working as a team. An optional overnight will be held.
Handicraft	Open activity times are available to all Scouts. Each Scout will need additional money to purchase materials used in handicraft projects. Depending upon individual selection of projects, the cost could range from \$5.00 to \$15.00 for the extra challenging projects such as moccasin kits.
High Adventure Program	Camp Lowden's High Adventure Program is a multi-faceted opportunity for older Scouts to enjoy several of the more challenging aspects of a week at camp. Offerings in Lowden's FOX program (F antastic O utdoor eX perience) include the possibility of backpacking, wilderness survival, rappelling, sailboarding, tomahawk throwing, rafting on the Rock River, canoeing the Rock River, snares and deadfalls, branding, orienteering, GPS, and Lowden-Miller State Forest hikes. Participants work with the director to plan their week of activity. They may then participate in as little or as much as they would like throughout the week. The Lowden High Adventure experience truly adds a new dimension to a week of Scouting for the older Scout.

Additional Programs Offered Throughout the Week

- | | |
|--|--|
| <ul style="list-style-type: none"> ➤ Tomahawk Throwing ➤ Climbing Tower ➤ Nature Exhibits ➤ Mountainboarding | <ul style="list-style-type: none"> ➤ Sailboarding ➤ Pioneering Projects ➤ Trail Hiking |
|--|--|

YOUR TROOP'S WEEK-AT-A-GLANCE AT CAMP LOWDEN

Sunday	Camp orientation, merit badge sign-up, and opening campfire.
Monday	Merit badge instruction begins, First Class emphasis work begins, mile swim practice begins. Cook the evening meal in the campsite. Troop photos in campsite at dinner.
Tuesday	Cook breakfast and lunch meals in the campsite. Participate in archery demonstration and Chapel Services. A separate Ecumenical Non-Denominational Christian service and a Catholic Mass are held.
Wednesday	Visitor's night, OA Call-Out Ceremony.
Thursday	OA induction and camp wide activities.
Friday	Mile swim, finalize all merit badge work, closing camp fire, and Court of Honor.
Saturday	Lowden Logger breakfast and unit departure from camp.

- **As noted in the General Information pages, the camp will no longer provide personal eating utensils. Each Scout and Scouter will be responsible for providing his own cup, plate, and silverware for use in campsite cooking.**



DIRECTIONS TO CAMP LOWDEN

