

# Show and Do

Training for Boy Scout Leaders, Venturing Leaders, and Webelos Den Leaders

August 29, 2009

Camp Lowden - Oregon, Illinois

Registration starts at 7:00 a.m.

Opening at 8:00 a.m.

## Session Schedule

8:30-9:20	9:30-10:20	10:30-11:20	1:00-1:50	2:00-2:50	3:00-3:50
1 Leave No Trace	7 Dutch Oven Cooking		16 How to Teach Knot Tying to Scouts	22 Pioneering Skills	
2 Backpacking 101	8 Lightweight Backpacking Gear and Techniques	11 Using the Patrol Leaders Conference to Develop a Troop Program	17 Making Your Own Canoe		26 Basics of Merit Badge Counseling
3 Personal Equipment for Scouts	9 Winter Camping Skills	12 First Aid	18 An Overview of the Three National High Adventure Bases	23 Lightweight Backpacking Gear and Techniques	27 Where to Go for High Adventure Trips Other Than National Bases
4 Summer Camp 101	10 First Class Express	13 Types of Water Purification	19 Teaching Map and Compass Skills		28 Geocaching and Basic GPS
5 Safe Swim Defense and Safety Afloat		14 TroopMaster Software	20 Learning About Wild Plants	24 How to Plan a High Adventure Trip	29 Advanced Scouter Training
6 Trek and Climb on Safely		15 Venues for Venturers	21 Backpacking 101	25 Life to Eagle Process	

Show and Do is a one-day training event for all adult Boy Scout leaders, Venturing leaders, and Webelos den leaders who are moving into the Boy Scout program.

Show and Do is a fun experience in which you will learn more about the Scouting program in your area of interest. Show and Do is designed to help improve your troop or crew program by helping you improve your skills...skills and knowledge you can take back to your Scouts or Venturers.

This event has twenty-seven sessions from which you can choose. These range from "Dutch Oven Cooking" and other outdoor skills to "Life to Eagle Process," and sessions about the High Adventure bases. There will even be a session on "Mastering TroopMaster Software" to aid you in your record keeping. Your day will be divided into six fifty-minute sessions plus a lunch break.

The cost of the event is \$15 if you register by August 19 and \$20 after that date. The cost includes a lunch of grilled hamburgers, brats, and hot dogs.

Please use the session table and form to register and make your checks payable to the Blackhawk Area Council. If you need more information, contact Donn Vitek, Show and Do Chair, at 815 459-9119, e-mail at [d.vitek@excite.com](mailto:d.vitek@excite.com)

## Sessions

- 1. Leave No Trace** – Learn the basics of the seven principles of LNT, and where to go for more information.
- 2. Backpacking 101** – This course will teach the fundamentals of choosing equipment with an emphasis on quality, cost, and weight.
- 3. Personal Equipment for Scouts** – Learn what your Scouts need to get the most out of Scouting.
- 4. Summer Camp 101** – How to plan so your Scouts will get the most out of their summer camp experience.
- 5. Safe Swim Defense and Safety Afloat** – This 2-session course is the presentation from the national council. Participants will receive a signed card of course completion after attending both sessions.
- 6. Trek and Climb on Safely** – This is a two session course that covers the material presented by the national council. A signed card will be issued after attending both sessions.
- 7. Dutch Oven Cooking** – Learn from some of the "Old Timers." Both recipes and methods will be shown. You will also cook your own lunch. This is a two session course.  
**Lightweight Backpacking Gear and Techniques** – Good things to know when your Scouts go on High Adventure backpacking treks.
- 8. Winter Camping Skills** – Learn the basics to share with your Scouts.
- 9. First Class Express** – Tips on how to get new Scouts to First Class in one year or less.
- 10. Using the Patrol Leaders Conference to Develop a Troop Program** – Learn how to make your PLC effective and be "boy lead."
- 11. First Aid** – Learn the first aid requirements leading to the First Class rank and share them with your Scouts.
- 12. Types of Water Purification** – High adventure trips require purifying water along the way. This course will show you how it's done.
- 13. TroopMaster Software** – Learn how to use this useful tool to keep track of your troop records.
- 14. Venues for Venturing** – Where to go locally for various outings that will help maintain interest in your program.
- 15. How to Teach Knot Tying to Scouts** – Learn by doing in this hands-on session.
- 16. Making Your Own Canoe** – Learn how to make a beautiful cedar strip canoe. This is a 2-session course.
- 17. An Overview of the Three National High Adventure Bases** – Get the "lowdown" on Philmont, Northern Tier, and Sea Base.
- 18. Teaching Map and Compass Skills** – Make this interesting for your Scouts by knowing the basics and learning some games and activities. This is a 2-session course.
- 19. Learning About Wild Plants** – In this hands-on walk around camp, you'll learn all about wild plants from their edibility to the way they were used by Native Americans.
- 20. Backpacking 101** – This course will teach the fundamentals of choosing equipment with an emphasis on quality, cost, and weight. (Repeat of Session #2)
- 21. Pioneering Skills** – A hands-on class where you'll learn the knots and lashings needed to build tripods, bridges and even towers. This is a 2-session course.
- 22. Lightweight Backpacking Gear and Techniques** – Good things to know when your Scouts go on High Adventure backpacking treks. (Repeat of Session #8)
- 23. How to Plan a High Adventure Trip** – Learn the important details that you must know to make your trip safe and successful.
- 24. Life to Eagle Process** – Learn how to take your Scouts to Eagle after they've achieved the Life rank. This is a 2 session course.
- 25. Basics of Merit Badge Counseling** – Learn the proper way to interact with Scouts trying to earn these badges.
- 26. Where to go for High Adventure Trips Other Than National Bases** – Places like Isle Royale National Park, the Sylvania Wilderness Area, Shawnee National Forest, etc.
- 27. Geocaching and Basic GPS** – The fundamentals of this new pastime and information about GPS (Ground Positioning Systems).
- 28. Advanced Scouter Training** – Learn what advanced training is available to adult leaders, including Wood Badge, Powder Horn, Lord Baden-Powell University of Scouting, and others.

## Council Show and Do

### Registration Form

Please type or print legibly

District \_\_\_\_\_ Unit: \_\_\_\_\_ Position: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip Code \_\_\_\_\_

Cost is \$15 if paid before August 19 = \$ \_\_\_\_\_

and \$20 after August 20 = \$ \_\_\_\_\_

Staff fee is \$10 which also includes the cost of lunch \_\_\_\_\_

Time	Course #	Session	2 <sup>nd</sup> Choice #	Session
8:30	_____	_____	_____	_____
9:30	_____	_____	_____	_____
10:30	_____	_____	_____	_____
1:00	_____	_____	_____	_____
2:00	_____	_____	_____	_____
3:00	_____	_____	_____	_____

Please select an alternate in the event that the course is cancelled or already filled.

You may not take half of any 2-Session course.

Make checks payable to Blackhawk Area Council and send to Blackhawk Area Council, P.O. Box 4085, Rockford IL 61110.