

Swimmer Verification for Canoeing and Intro to Scuba At Aircamp 2010 September 25, 2010

Venturing scouts will have the opportunity to participate in canoeing and intro to scuba. The events will be held on the river and at Aircamp, respectively. Boy Scouts may participate in the intro to scuba **IF** there is space available. These activities will be held on Saturday, September 25th between 9:00 am and 3:00pm. Canoes and scuba equipment will be furnished so you need only to bring your swimsuit. Participants on the canoe trip and intro to scuba must be a BSA swimmer. No beginners or intermediates. Venturing Scouts, Varsity Scouts, Explorers and Boy Scouts(if space and time are available) can participate. **No Cub Scouts. Please also remember to bring your waivers.**

To verify that participants are swimmers, the form below must be completed. The form must be signed by the person performing the swim check and the Crew Advisor or Scoutmaster. The Crew Advisor's or Scoutmaster's signature is verification that a swim check was held and that the participants listed are BSA swimmers.

The person conducting the swim check must be BSA Aquatics Director, YMCA Aquatics Instructor, or Red Cross Aquatics Instructor.

Unit Number _____ Troop, Team, Crew, Post _____ Date of Swim Test _____
(Circle One)
 Council Name _____

	Full Name (Please Print)		Full Name (Please Print)
1		8	
2		9	
3		10	
4		11	
5		12	
6		13	
7		14	

Name of Person Conducting Test

 Print Name

 Signature

Unit Leader

 Print Name

 Signature

OVER

Swim Classification Procedures

The swim classification of individuals participating in a Boy Scouts of America activity is a key element in both Safe Swim Defense and Safety Afloat. The classification tests and test procedures have been developed and structured to demonstrate a skill level consistent with the circumstances. The swimmer test demonstrates the minimum level of swimming ability required for safe deep-water swimming. The various components of the test evaluate the several skills essential to the minimum level of swimming ability. Each step of the test is important and should be followed as listed below:

SWIMMER TEST:

- Jump feet first into water over the head in depth, level off, and begin swimming.
- Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl;
- Then swim 25 yards using an easy, resting backstroke.
- The 100 yards must be completed in one swim without stops and must include at least one sharp turn.
- After completing the swim, rest by floating.